

HIGHLIGHTS

The region has some of the most popular trek in the Himalayas. The high pass of Kuari offers some of the finest views of the peaks of Garhwal Roopkund is considered a mysterious lake- the large number of skeletons (as many as 200, according to some estimates) in the bed of the lake and its vicinity continue to puzzle visitors.

Region – Himachal
Altitude – 15,700 feet
Trekking Distance – 50 kms approx
Accommodation – Tents/ Camp
Trip Start from – Lohajung
Trip Ends in – Lohajung

Weather Report – In Summer, 20 to 24 degree during day and 5 to 10 degree during night

In winters, 10 to 15 degree during day and 0 to 5 degrees during night

Difficulty Level – Moderate

Food- Breakfast/ Dinner, Nutritious food for trekking

ITINERARY DETAILS

Day 01

Kathgodam to Lohajung

Altitude – 7,660 ft. Travel distance- 210km Travel time – 10-11 hr

- •Pick up from 6:30 am at the parking of Kathgodam Railway Station.
- •In journey to Lohajung, cruising along the Kosi river, glimpsing through the snow capped mountains which are coming closer and closer
- Sight were mesmerizing indeed
- Moving through the narrow hills road you will reach Lohajung.
- •Upon arrival, you will be transferred to Guest house relax for some time
- •Then there will be an introduction session of trekking team and briefing about tomorrow trekking.
- In evening explore Lohajung, small but very beautiful village
- Overnight stay at Lohajung

Day 02

Lohajung to Didna Village

Altitude – 7,660 to 8,530ft Tracking distance – 6.5 km Time taken – 7hr

- •Difficulty level Decent
- •Water sources Carry minimum 3 litres of water also you can refill your water bottles at Ruan bagad bridge from Neel Ganga River.
- •Wake up early morning grab a hot drink Chai
- •Have breakfast and start your trek to Dina Village, from where snow capped mountain is easily visible
- •Dina is a small village where 30 family lives but the tranquility of nature at it best.
- Overnight stay in camp

Day 03

Dina village to Bedni Bugyal via Ali Bugyal

Altitude – 8,530 to 11,320ft Tracking distance – 10.5 km Time taken – 8 hr approx Difficulty level – Easiest

Water sources – Carry minimum 3 liters of water also you can refill your water bottles at Tolpani which the last point for drinking water.

- Wake up early morning have your breakfast.
- Start your trek to Bedni Bugyal
- •Trek in steep till we reach Ali Bugyal, it is the largest Meadows in south Asia
- •At Ali Bugyal there will a halt of half an hour, click pictures also relax yourself.
- After relaxing again start your trek towards Bedni Bugyal.
- •You get breathless very soon and sometimes even feel dizzy. This would be okay if you did not have to do the Roopkund climb the next day. Most folks climb this section like any other climb and find it difficult to acclimatize to the Roopkund altitude later on. Treat this section as the most crucial bit of your trek.
- •Bedni Bugyal is the place where you can found green grass ground also you can have the view of Mount Trishual.
- It is the good place to Camp and sweeping views
- Overnight stay in camp

Day 04

Bedni Bugyal to Patar Nachuni via Kalu Vinayak and Bhagwabasa

Altitude –11,320 to 12,818 ft
Tracking distance –6 km
Time taken – 6-7 hr approx
Difficulty level –Decent
Water sources – Carry sufficient water

- •Wake up early have your breakfast
- Leave camping site of Bedni Bugyal.
- •After that there are sections of mild ascent till we reach Patar Nachauni, situated at the foot hill of the mountain at the top of which lies the temple of Kalua Vinayak.
- Overnight stay in Camp

Bhagwabasa to Roopkund to Patar Nachauni

Altitude –14,117 to 15,117 ft Tracking distance –10 km Time taken – 8-9 hr approx Difficulty level –Difficult

Water sources - Carry minimum 3 l of water

- •Wake up early have your breakfast
- Leave Camp early the sooner the better.
- •The zig-zag trails make you gain height very rapidly. Climb this section very slowly. There really is no hurry and even if you are the slowest on the team you
- Take 10 minute breaks every 15 minutes.
- •This is a crucial height where most trekkers feel the thinness in the air.
- •You need to climb up to Roopkund while the snow is still hard.
- •In the mid morning the snow becomes soft and your feet start sinking in. You want to avoid this. There's plenty of snow even in the middy
- Most interesting part is In Aug, Sep, Oct can see skeleton but no snow.
 In May and Jun snow will be there but can't see the skeleton.
- Overnight stay in Camp

Day 06

Patar Nachauni to Lohajung and wan

Altitude –12,818 to 7,667 ft
Tracking distance –15 km
Time taken – 9- 10 hr approx
Difficulty level –Decent
Water sources – Carry sufficient water

- •Wake up early morning have your breakfast
- •Start your descent trek to the bottom of the valley where river Neel Ganga welcomes us.
- •It's not a bad idea to wash your face in the river after a strenuous downhill trek.
- From the river it's a half an hour uphill trek up to Wan.
- •From Wan village its further one & half hour downhill upto Kasar Bagad which is the road head. Then board a vehicle from here and reach to Lohajung.
- Upon arrival, check-in to the guest house
- Overnight stay at Lahojung

Day 7

Lohajung and wan to Kathgodam

- •Wake up early morning have your breakfast
- Drive up to Kathgodam
- •On the way to Kathgodam at Kausani you can buy herbal tea and some souvenir.
- •Drop Lohajung to kathgodam railway station by cab or similar.
- Trip and services ends here

PACKAGE INCLUSIONS:

- Accommodation. (Guest house, Home stay, Camping).
- Meals while on trek (Veg.).
- •Trek equipment's (Sleeping bag, mattress, Kitchen & dinning tent, crampon, utensils, tent).
- All necessary permits and entry fees.

- •First aid medical kits, stretcher and oxygen cylinder.
- Mountaineering qualified & professional trek Leader, guide and Support staff.
- •Transport from Kathgodam to Loharjung and return.

PACKAGE EXCLUSIONS:

- •Government service tax 9.0%.
- •Air/Train fare.
- •Anything not mentioned under the head inclusions.
- •The tariff does not include barbeque, personal expenses like telephone, laundry etc.

•Cost incidental to any change in the itinerary / stay on account of flight cancellation due to bad weather, ill health, road blocks and / or any factors beyond control.

How to Book

We at Nirvana are more than happy to book your trip. Drop a mail at: info@nirvanatrip.in

Or call Tollfree: 180-010-284-07 **Support:** (24/7) 0120-4858900/49

Cancellation Policy:

Nirvana Trip realizes that most people who cancel their reservations do so out of necessity. Nevertheless, cancellations are costly to administer and involve dedicated staff time and communications costs.

Therefore, all cancellations made before 30 days after booking are subject to 8% deduction of total tour cost.

- Cancellation made between 29-22 days after booking is subject to a non-refundable of 22%.
- Cancellation made between 21-16 days after booking is subject to a non-refundable of 50% deduction of total tour cost.
- Cancellation made 15-9 days before commencement of tour after booking are subject to a 70% of tour cost. Cancellation made within 9-3 days prior to departure 90% of total tour cost.
- Cancellation made Day of departure or now shows 100% of tour cost.

Cancellations are based on total package bases. Please note, however, that reservations made after the final payment date are immediately subject to cancellation charges.

If you need to cancel your reservation, please send us a mail at info@nirvanatrip.in and contact a Nirvana Trip Customer Service Representative. To receive any refund, if applicable, that may be due will be processed within 35 days after our receipt of your written notice of cancellation. Traveler substitutions are considered reservation cancellations and are subject to cancellation fees. Please note that we do not make any refunds for any unused portion of your trip.

* Refund will be processed through the same online mode in 10-15 working days.

Payment Options







